

The Hortense and Louis Rubin Community Health Fund

The Hortense and Louis Rubin Community Health Fund envisions healthy people, families, and communities with reduced incidence and prevalence of chronic kidney disease and related risk factors such as obesity, diabetes, and hypertension in the Greater Capital Region.

This can be accomplished through:

- Healthy Habits and Lifestyles: better nutrition, greater physical activity, more sleep, less stress
- Strengthening Health Equity for the most vulnerable communities, such as Black and Latino/x communities, urban and rural communities via sustainable and functioning food systems, greater access to quality health care that works for all, and secure access to essential community needs (housing, transportation, food, etc.)

Since its inception in 2016, The Hortense and Louis Rubin Community Health Fund has granted \$3,749,867.80 in grants to not-for-profits in our community doing this important work.